### **29th Summer Institute on Aging**

# Pathways to Healthy Aging



June 4-7, 2007 Waterfront Place Hotel <u>Mo</u>rgantown, WV





# Welcome

Welcome to the 29th Summer Institute on Aging presented by WVU Division of Social Work and WVU Center on Aging.

The United States is on the precipice of experiencing the largest growth surge of older adults in its history. People are living longer and as social workers, nurses, counselors, clinicians, and human service professionals, you are in a unique position to help folks live better into their older years.

This year's theme, **"Pathways to Healthy Aging"**, is one that touches us all. The 2007 Summer Institute on Aging planning committee has gathered an array of professional practitioners and educators to stimulate you to return to your community and make it a healthier and happier place!

Ms. Rona Bartelstone will open the conference on Monday June 4 with a motivating keynote presentation on developing a healthy approach to later life in **The New Faces of Healthy Aging**. Ms. Bartelstone is involved in extensive training and consulting practice specializing in the care of the elderly, the chronically ill, the disabled and their families.

Prepare to enjoy a fun and entertaining program full of practical information at the second keynote session, **The FUNdamentals of Humor**, on Wednesday June 6. As a speaker, humorist, columnist and author, Ron Culberson's mission is to help people lighten up by using humor to minimize stress and maximize effectiveness. He shows people how to have more FUN while preserving the integrity of the work they do and the lives they lead. Ron spent 10 years in a large hospice organization as a clinical social worker, Manager of Counseling Services and Director of Quality Service.

Additional targeted workshops such as family-centered care, spirituality, nutrition, rural issues, cultural competencies, Medicare, and health literacy are designed to provide you with the necessary skills and knowledge to take your work into the future.

Many thanks go out to our planning committee which include: Richard Anderson, VA Medical Center; Clarksburg, Larry Beckett; WVU Division of Social Work; Maria Durbin, WVU Center on Aging; Kristina Hash, WVU Division of Social Work; Ron Hicks, Hospice Care Corporation; Kimberly Kincaid, WVU Division of Social Work; Sherry Kuhl, WVU Center on Aging; Susie Layne, WV Department of Health and Human Services; Virginia Majewski, WVU Division of Social Work; Julie Patrick, WVU Department of Psychology; Bonnie Pishner, WV Department of Health and Human Services; Sharon Semans, Senior Monongalians; Cindy Staley, Senior Monongalians; Amy Zeiders, WVU Division of Social Work. We also want to thank our keynote sponsors, **Institute for Geriatric Social Work at Boston University** and **Hospice Care Corporation**.

Join your colleagues at the 29th Summer Institute on Aging and improve your capacity to guide others down "Pathways to Healthy Aging"!

Jacki Englehardt Coordinator of Professional & Community Education WVU Division of Social Work

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### **Program at a Glance**

### Monday, June 4

### 1:00-1:15 Welcome

Virginia Majewski, MSW, PhD Richard Ham, MD

### 1:15-2:30pm Opening Keynote

The New Faces of Healthy Aging Rona Bartelstone, ACSW, LCSW, BCD, CMC

### 2:45-5:45pm Workshops (with a 20 minute break)

Ethics in Aging - Carter

Self Forgiveness: A Healing Experience for Caregivers of Deceased Persons with Alzheimer's Disease - *Jacinto* 

Design for Dementia and Disability - *Mendoza, Hash* 

Family-Centered Care: A Resource in Aging and End-of-Life Care - *Kovacs, Bellin, Fauri* 

### Tuesday, June 5

#### 8:30-11:30am Workshops (with a 20 minute break)

Spirituality, Aging and Health Care Ministry - Shepherd, Morrison

Older Adult Suicide Awareness & Prevention - *Slaughter, Musick* 

Autobiographical Group Work with Nursing Home Residents - *Hay* 

Is "Old" Ever too Old? Love vs. Practicality - Anderson, Kovacs, Edwards, Kodwo

\*This workshop continues in the afternoon

#### 11:30 -1:00pm Box Lunch

#### 1:00-5:00pm Workshops (with a 30 minute break)

Capacity Legal Decisionmaking Devices - *McConnell, Messenge* 

Issues and Concerns in Rural Caregiving - Sonntag, Stafford

Coordinating the Response to Elder Abuse and Neglect - *Eagle* 

### Wednesday, June 6

### 8:15-9:15am Early Morning Networking Sessions

9:30-11:30am Keynote Address The FUNdamentals of Humor - Culberson

#### 11:30-1:00pm Lunch on your own

#### 1:00-5:00pm Workshops (with a 30 minute break)

Nutritional Risks and Solutions for the Rural Elderly - Ham

Cultural Competencies for Working with Older Adults and Their Families - *Nicholas* 

Multidisciplinary Vision Rehab for the Visually and Neurologically Impaired Patient - *Park, Rowan* 

Helping Others Develop Active Lifestyles in Your Community - *Zizzi, Sherlock* 

### Thursday, June 7

#### 8:30-11:30am Workshops (with a 20 minute break)

Am I Losing It? Caregiving at Life's End - Hicks

Everyday Decisionmaking for Caregivers of Dementia Patients: Focus on Driving and Abuse -*Ham, Kuhl* 

A Trip to Bountiful: Honoring Spirituality in Later Life - *Fell, Rulli-Butler* 

"Wearing Purple But Feeling Blue" Assessment and Treatment of Depression in Elderly Women -*Leizear* 

#### 11:30 -1:00pm Keynote Luncheon Address

Alzheimer's Disease: A Brief Review of Drug Discovery and Development Efforts - *Cochran* 

### 1:00-4:00pm Workshops (with a 20 minute break)

A Study of American Indian Culture, Traditions & Spiritual Llfe - *Candillo* 

A Baby Boomer's Guide to Medicare -Smallridge

Mini-Geriatrics Medical School for Non-Physicians - *Newbrough* 

Health Literacy Program: "Can you Repeat that Please" - *Dunn-Parsons* 

# **Conference Program**

### Monday, June 4

11:00 am Registration and Exhibits Open

**1:00 - 1:15 Opening Remarks** Virginia Majewski, MSW, PhD, Chairperson, WVU Division of Social Work Richard J. Ham, MD, Director, WVU Center on Aging

### 1:15 - 2:30 am Opening Keynote Address The New Faces of Healthy Aging



Rona Bartelstone, ACSW, LCSW, BCD, CMC, CEO Rona Bartelstone Associates, Inc., Fort Lauderdale, FL

Along with incredible advances in medical technology, our understanding of late life is evolving into a new paradigm. This session will explore the exciting possibilities for healthy aging even in the face of losses and disability. We will probe the possibilities of vitality, meaning, and generativity in later life using a strengths based approach. From a Social Work perspective, we will investigate issues of

relationships, environment, culture and lifestyle and the impact of the new faces of aging on our practices and our personal lives.

We gratefully acknowledge the Institute for Geriatric Social Work at Boston University for their generous support in making this presentation possible.

### 2:45 - 5:45 pm Concurrent Workshop Sessions

### Workshop M1 Ethics and Aging

Mary W. Carter, Ph.D., Assistant Professor, Center on Aging and Department of Community Medicine, WVU

Why do we consider personal autonomy important? To what degree should an individuals age influence the type of care received? Should elders ever be physically restrained to ensure their personal safety? This workshop will explore the fundamental ethical underpinnings of ethical decision making and caregiving issues related to an aging society

Workshop M2 Self Forgiveness: A Healing Experience for Caregivers of Deceased Persons with Alzheimer's Disease George Jacinto, M.Ed., MSW, PhD Clinical Instructor and MSW Program Coordinator, School of Social Work, University of Central Florida

Caregivers of Alzheimer's disease carereceivers often provide care for an extended period of time prior to the death of the carereceiver. Working through self forgiveness after the death of a carereceiver is associated with factors that existed during the time of caregiving. We will examine challenges faced by caregivers during this period and protective factors that can lead to less grief for the caregiver after the death of the carereceiver. Participants will develop strategies to assist caregivers in working through grief. Tools for grief and self forgiveness work will be presented.



### Workshop M3 Design for Dementia and Disability

Hannah Mendoza, MFA, Assistant Professor, WVU Department of Interior Design Kristina Hash, MSW, PhD, Assistant Professor, WVU Division of Social Work

The physical environment has a profound impact on the functioning of persons with dementia and other disabilities. This workshop will present considerations for planning and implementing supportive home and institutional environments for persons with cognitive and physical limitations. Topics and examples will include design and modification for impairments and safety as well as maximizing competence, independence, and integration.

### Workshop M4 Family-Centered Care: A Resource in Aging and End-of-Life Care Pamela J. Kovacs, MSW, PhD, Associate Professor, School of Social Work, Virginia Commonwealth University Melissa H. Bellin, MSW, PhD, Assistant Professor, School of Social Work, University of Maryland

David P. Fauri, MPA, MSW, PhD, Professor, School of Social Work, Virginia Commonwealth University

Recent trends in medicine reflect an attempt to be more patient centered and while this is progress from the disease or provider focused model of care, the experiences and contributions of family as caregivers continue to be overlooked in some settings. The family centered care (FCC) model, developed most notably in pediatrics is presented as a resource to increase family involvement at the end of life. In this workshop family centered care is defined, caregiving trends including support needs of formal and informal caregivers are discussed, barriers to FCC are identified, and strategies for reintroducing family into the focus of care will be provided.

### **Tuesday June 5**

- 8:30-11:30am Concurrent Workshops
- **Workshop T5 Spirituality, Aging and Health Care Ministry** Robin Shepherd, MSN, CHPN, Vice President of Facility and Parish Nurse Programs, Hospice Care Corporation Mary Ella Morrison, OP, Chaplain, Hospice Care Corporation

Participants will explore the meaning of spirituality and discover how it is reflected in one's life, including spirituality at the end of life. Participants will develop an understanding of spirituality and the aging process, and how it is addressed through health care ministry.

### Tuesday, June 5 (continued)

### Workshop T6 Older Adult Suicide Awareness and Prevention

*Mike Slaughter, MA, Suicide Prevention Coordinator, Valley Healthcare Systems, Robert Musick, MSW, Executive Director, WV Council for the Prevention of Suicide, Valley Healthcare Systems* 

West Virginia ranks 8th nationally in suicide rates by The American Association of Suicidology in their 2002 data. From 1995 to 2003, 2,046 citizens of West Virginia committed suicide and The West Virginia Council for the Prevention of Suicide is providing workshops across our state to make people aware of this "Silent Epidemic". We encourage you to attend if you would like to learn the early signs of depression/suicide, know what crisis services are located in your area, and what to do if you know of someone who is thinking about taking their life.

### Workshop T7 Autobiographical Group Work with Nursing Home Residents Phyllis Hay, DSW, Assistant Professor, Department of Social Work/Sociology, Alvernia College, Reading, PA

This workshop will inform audience participants how to conduct autobiographical group work with oriented nursing home residents. Suggestions will be given regarding variables to be tested such as self esteem, social activity, and dependency in order to evaluate the autobiographical group work effectiveness. The presentation focus will be on the audience so that they will step by step develop the importance of and implementation of the group work process.

### Workshop T8 Is 'Old' Ever Too Old? Love vs. Practicality

Elizabeth Dungee-Anderson, MSW, DSW, Associate Professor, School of Social Work, Virginia Commonwealth University Pamela J. Kovacs, MSW, PhD, Associate Professor, School of Social Work, Virginia Commonwealth University Janice Berry Edwards, MSW, PhD, Assistant Professor, School of Social Work, Virginia Commonwealth University Stephen Kodwo, PhD Candidate, School of Social Work, Virginia Commonwealth University

This workshop will explore the barriers and constraints between service delivery for the elderly and relationship building and maintenance. Tension between the right of elders to be treated with dignity, respect and promotion of self determination and constraining service delivery policies will be explored. Content will be presented in a didactic, experiential and group based activities format.

Note: This workshop continues in the afternoon from 1-5 p.m. If you select this workshop, do not select an afternoon session.

### Tuesday, June 5 (continued)

11:30 - 1:00 pm Box Lunch with Activity (provided)

- 1:00 5:45 pm Concurrent Workshops
- **Workshop T9** Capacity Legal Decisionmaking Devices Cathy McConnell, Esq., Executive Director, WV Senior Legal Aid Suzanne Messenger, Esq., Associate Program Director, WV Regional Long-Term Care Ombudsman

The law related to mental capacity and legal decisionmaking is rarely black and white, yet its careful and effective application can be critical to the well being of aging clients. In this workshop we explore West Virginia's legal decisionmaking devices, including durable power of attorney, medical power of attorney, living will, health care surrogate, the POST form, guardianship, and conservatorship. We identify where the law is clear and where there is ambiguity, compare and contrast these devices, and apply these concepts through small group hypothetical case examination. We will also consider some important aspects of the ethics of multidisciplinary practice when lawyers are on the team. This workshop is designed for practitioners whose clients may have diminished or diminishing mental capacity, including those in healthcare and senior service settings.

### Workshop T10 Issues and Concerns in Rural Caregiving

Loriann Sonntag, BA, MS, MSW Candidate, WVU Division of Social Work Beth Stafford, BA, MS Candidate, WVU Department of Psychology

National statistics show that an estimated 34 million adults serve as informal caregivers to a spouse or aging parents. In addition, 4.5 million children are being raised by their grandparents. This interactive workshop will focus on the issues and concerns faced by caregivers on a daily basis. An overview of rural caregiving will be provided including topics such as: the characteristics of a "typical" caregiver, special types of caregivers, health risks and symptoms of caregiver stress, differences between rural and urban caregivers, and cultural and ethnic differences. Information regarding caregiver assessment and resources offering social support will also be discussed.

### Workshop T11 Coordinating the Response to Elder Abuse and Neglect

Kimberly Eagle, MA, Domestic Violence Coordinator, Charleston Police Dept.

This session will illustrate how to help you coordinate your community's response to elder abuse and neglect. This is a growing problem with the aging population and only increases with unemployment and drug use in the state. You can become part of the solution. We will focus on assisting communities in coordinating the response to elder abuse and neglect. We will begin by a providing a detailed outline of services available to victims and how to access those agencies. An interactive networking session where participants will create a plan of action for themselves will conclude the session. This plan will include necessary steps to creating a more comprehensive delivery of service to seniors in their communities

### Wednesday, June 6

### 8:15 - 9:15 am Early Morning Networking Sessions

### 9:30 - 10:30 am Keynote Address



### The FUNdamentals of Humor

Ron Culberson, MSW, Director of Everything!, FUNsulting, etc.

You've heard that laughter is the best medicine, right? Did you know that humor is also a cure for many ailments in work and life? It has been proven, through research and practical application, that humor is a wonderful tool that can help us manage stress and become more effective.

In this program, participants will learn how humor can reduce stress, improve creativity, increase productivity and most importantly, balance the seriousness of life and work by giving them a new perspective. Through a FUN, funny and educational experience, participants will learn how to do the right thing with the light thing.

### We gratefully acknowledge Hospice Care Corporation for their generous support in making this presentation possible

- 11:30 1:00 pm Lunch (on your own)
- 1:00 5:00 pm Concurrent Workshops

### Workshop W12 Nutritional Risks and Solutions for the Rural Elderly: What Professionals Need to Know

Richard Ham, MD, Director, WVU Center on Aging

This presentation will discuss the special nutritional needs of the elderly; and address some of the special issues that rural elderly face in order to maintain proper nutrition. The signs, symptoms, risk factors and indicators of poor nutrition in elders will be reviewed. Methods to address these issues involving health care professionals, caregivers, friends, neighbors and nutrition related services in the community will be discussed. The lifestyles of the rural elderly have serious impact on their nutritional intake and its appropriateness. These issues will be explored through interactive discussion, power point presentations and case studies. Case studies will be used to demonstrate potential problems and solutions. The presenter was a member of the Technical Review Committee of the Nutritional Screening Incentive, a program to address under nutrition in our elders which defined many of the issues and designed screening techniques.

### **Workshop W13** Cultural Competencies for Working with Older Adults and Their Families Doris Nicholas, MSW, Ed.D, Assistant Professor, WVU Division of Social Work

Whether you work with older adults or not, you'll benefit from the information, discussion, and exercises of this workshop. Older people of diverse ethnic backgrounds are emerging as underserved client groups, and social workers can use or adapt their unique psychosocial, policy, family, and community assessment skills to enhance the quality of life for older adults and their families. Learn to infuse aging and cultural competencies into your practice and practice setting in order to better meet the need of a growing, diverse, and changing aging population. The NASW Standards for Cultural Competency are discussed as they apply to working with older adults.knowledge regarding aging, religion, spirituality and health; to introduce the concept of a spiritual assessment; and to identify additional resources that promote healthy adult development in late life.

### Workshop W14 Multidisciplinary Vision Rehabilitation for the Visually and Neurologically Impaired Patient

William Park, DO, Assistant Professor of Opthalmology, Department of Opthalmology, WVU School of Medicine Heather Rowan, OTR/L, WVU Eye Institute Appalachian Center for Vision Rehabilitation

The prevalence of macular degeneration, diabetic retinopathy and neurologic disease is a major source of concern among clinicians involved in low vision rehabilitation. Although diagnostic and treatment modalities have made substantial progress in recent decades, the fact remains these persons are globally inadequately referred for rehabilitation. Case studies are presented that illustrate this premise.

# Workshop W15Helping Others Develop Active Lifestyles in Your Community<br/>Sam Zizzi, Ed.D, Associate Professor, Sport & Exercise Psychology, West<br/>Virginia University, School of Physical Education<br/>Lori A. Sherlock, MS, CSCS, ATRIC, Assistant Professor, WVU School of<br/>Medicine

This presentation will focus on helping others to improve their "health performance," using two community-based exercise and weight loss programs. Often times, adults become very focused on their family lives and professional performance which can lead to neglecting important preventative behaviors such as healthy eating and regular exercise. Participants will learn how to gain insight into their own health behavior patterns and learn skills to help others initiate and maintain positive change. The health performance services provided through the community based programs will be described in detail, including surveys used to assess patient perceptions, interview techniques to gather useful information, and intervention techniques to help others modify their health attitudes and behaviors. These services are designed to teach the individual the skills they need to adopt and maintain active, self-regulated lifestyles. The final hour of the session will focus specifically on Aquatic Therapy and how water-based exercise programs can benefit for aging adults. The aquatic environment is a very useful medium for exercise and therapy for any population. For better exercise - just add water!

### Thursday, June 7

### 8:30-11:30am Concurrent Workshops

### Workshop T16 Am I Losing It? Caregiving at Life's End

Ronald Hicks, MSW, Vice President, Family Services, Hospice Care Corporation

Caregiving at Life's End changes you—sometimes in small ways, sometimes dramatically. These changes not only affect the individual providing care but also the person receiving care. This workshop will focus on the psychosocial distress issues and challenges that caregivers, patients and families experience when providing end of life care.

### Workshop T17 Everyday Decisionmaking for Caregivers of Dementia Patients: Focus on Driving and Abuse

Richard Ham, MD, Director, WVU Center on Aging Sherry Kuhl, MSW, Program Manager, WVU Center on Aging

This workshop will examine the factors affecting everyday decision making for dementia caregivers. The two primary issues that will be discussed are driving and abuse. Through case scenarios and open discussion, participants will learn about pre-cursors and altering factors that affect each of these areas and how to deal with them in a positive and creative manner.

### Workshop T18 A Trip to Bountiful: Honoring Spirituality in Later Life

Lori Fell, MDiv, MSW, Senior Lecturer, WVU Division of Social Work Yvonne Rulli-Butler, MDiv, Chaplain, Conestoga View Rehabilitation and Nursing

Social Security vs. Spiritual Security? Not really, but our current social and political climate brings to the forefront of our society the need for spiritual grounding and relevance. While we pay much attention to the financial outlook of our elderly citizens, research now shows that the spiritual outlook of this ever-growing demographic group may be just as important. As people enter the realm of the "golden years", they will often begin to question their purposes in life. This workshop will help you gain a perspective and insight into the importance of assessment of spiritual needs and practices.

### Workshop T19 "Wearing Purple But Feeling Blue" Assessment and Treatment of Depression in Elderly Women

Samuel J. Leizear, MSW, Field Education Coordinator, WVU Division of Social Work

Research indicates that depression affects twice as many women as men. The latest population statistics report that elderly women outnumber elderly men from age 55 and up therefore this topic has significant relevance for professionals working with the aging population. This workshop will present the findings of recent research on the treatment of depression among elderly women, the specific impact on gender-specific co-morbidities, information regarding assessment tools which can be used by the "layperson" to screen for depression, tools for older persons and their support network members to utilize in advocating for treatment, and the various treatment options available today.



### Thursday, June 7 (continued)

### 11:30 - 1:00 pm Keynote Luncheon Address



Alzheimer's Disease: A Brief Review of Drug Discovery and Development Efforts to Bring Novel Disease-Modifying Therapeutics to Patients Mark A. Cochran, PhD, Chief Executive Officer and Executive Director, Blanchette Rockefeller Neurosciences Institute

There are currently no drugs that can cure, or even stop or slow the progression of Alzheimer's disease. The five FDA approved drugs that are available today only treat some of the symptoms of the disease and provide a slightly longer period of

independence and dignity to patients and encouragement of caregivers. As our understanding of potential and likely causes of this disease grows, a variety of new disease-modifying therapeutic strategies have emerged and many are now in clinical testing. These strategies and approaches will be discussed.

### 1:00 - 5:00 pm Concurrent Workshops

### Workshop T20 A Study of American Indian Culture, Traditions, & Spiritual Life Joseph Candillo, MA, Lecturer, Native American Studies, WVU

This lecture will focus on the study of American Indians in general and more specifically, concepts and philosophies held within traditional American Indian societies and cultures both past and present. In this course audience members will experience another culture by way of interactive lecture, live songs, art, and a documentary that will further focus on how American Indians cross culturally understand life, death, and their physical environments in the natural world.

### Workshop T21 A Baby Boomer's Guide to Medicare

Jim Smallridge, RN, Director, WV State Health Insurance Assistance Program

This workshop will examine how the Medicare program has changed over the past forty years, with an emphasis on the Medicare Modernization Act of 2003. This is the legislation that gave birth to some of the most controversial federal programs in history. These include Medicare Part D, prescription drug coverage as well as the expansion of managed care in Medicare. This topic always brings a lively discussion, as well as Q & A. Finally, we will delve into what this all means for those who will be "booming into" Medicare in the near future. This portion of the workshop will feature presentation and discussion of a survey which was conducted by the WV Directors of Senior and Community and the WV Bureau of Senior Services. This survey was aimed at state residents born between 1946 and 1954. These are the Mountain State's "first wave" of baby boomers. favorable and/or deleterious effects for patients and caregivers.

### Workshop T22 Mini-Geriatrics Medical School for Non-Physicians

Mark A. Newbrough, MD Assistant Professor Dept. of Internal Medicine / Geriatrics Robert C. Byrd HSC at WVU-Charleston Div.

"It takes a village . . ." to meet the health related needs of older adults. In many cases, however, the people who are most involved in the day to day care of older adults do not have enough information about the aging process itself, how a person's age impacts the care of common conditions such as diabetes, hypertension, and heart disease, or about the common "geriatric syndromes" such as dementia and delirium. This workshop is intended to provide non-physician health services professionals with a crash course in those "medical" fundamentals related to the care of older adults that they need to understand in order to better assist and advocate for their older adult clients.

### Workshop T23 Health Literacy Program: "Can You Repeat that Please" Bonnie Dunn-Parsons, MS Ed, Extension Agent, Office of Nutrition and Health Education, WV State University

During the conference workshop participants will observe how the program is delivered and will be an active part of the delivery process. There will be discussion and dialogue with regard to the health literacy problems and solutions that we face in West Virginia as well as the nation. Each person will receive their own personal copy of the 72 page personal health history journal. This program is delivered with laughter and realistic examples of what can and does happen when the communication process breaks down between patients and their health care providers. "Can You Repeat That Please" has been delivered to over 3,000 individuals in a 14 county region of WV.

### **Conference Closing and Evaluations**

### **Exhibiting Opportunities**

**RESERVE YOUR SPACE NOW!** Showcase your programs by exhibiting at the 29th Summer Institute on Aging. Exhibit space is limited so reserve your booth soon.

To register your exhibit, go to our website at www.wvsioa.org. Just print, fill out and mail/fax the exhibitor application form back to us! Exhibitors receive \$75 discount towards Institute registratrion.

Contact Jacki Englehardt at the WVU Division of Social Work at 304-293-3501 ext. 3501 for more information.

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West Virginia University does not discriminate on the grounds of race, color, national origin, sex, sexual orientation, age, veteran status, religion, or handicap in the administration of any of its educational programs, activities, or with respect to admission and employment. Inquires may be directed to the Executive Officer for Social Justice, 105 Stewart Hall, Office of the President, (304) 293-5496.



# **General Information**

### **Continuing Education Credits**

### **Social Work**

This conference has been approved for a maximum of 25.5 continuing education contact hours for licensed Social Workers, (WV, MD & PA), under the West Virginia University School of Applied Social Sciences Division of Social Work WVBSWE Provider #490051. Social Workers from other states should contact their respective licensure boards regarding approval PRIOR to registering for the conference.

### Counseling

An application for approval for counseling continuing education credits has been submitted to the WV Board of Examiners in Counseling. Licensed Professional Counselors should contact the Professional & Community Education office at: 304-293-3501 x3109 or email at Jacki.Englehardt@ mail.wvu.edu to determine the status of the application PRIOR to registering for the conference.

### Nursing

This conference has been approved for a maximum of 28.7 CEUs for nurses through the Mountain State Geriatric Education Center which is an approved Nursing Provider, Number: WV 2004-0458RN.

### Lodging Information

**Waterfront Place Hotel:** A block of rooms has been reserved at a special group rate of \$89 per night + tax (Group Code: Summer Institute on Aging). The phone number is 304-296-1700 or (800) 333-3333. Reservations can also be made online at: https://reservations.ihotelier.com/crs/g\_reservation. cfm?groupID=28180&hoteIID=13077 Reservations must be made by May 20, 2007 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

**Quality Inn & Suites**: Located off I-79, Exit 155, cross Star City bridge, turn right on to Saratoga Ave (before State Police/Coliseum). The phone number is 304-599-7680 or (800)-4CHOICE. A block of rooms has been reserved at a special group rate of \$79 per night + tax (Group Code: Summer Institute on Aging). Reservations must be made by May 27, 2007 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

**Comfort Inn:** located just off I-68, Exit 1, head north on 119 towards Morgantown, at the first stoplight turn right. The phone number is 304-296-9364 or 1-800-228-5150. A block of rooms has been reserved at a special group rate of \$60 per night + tax (Group Code: Summer Institute on Aging). Reservations must be made by June 1, 2007 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability

For more lodging information please log on to WVU Visitors Resource Center at http://visit.wvu.edu/ and click on directions & lodging.

# **Registration Forms**

Name					Badge First Name			
Employer	/Affilia	ation						
Are you a	WVL	J Student taking this	course for cre	edit? 🛛 Yes	□ No			
Mailing Ac	dres	s						
E-mail								
Seeking C	CE Cr	edits for? SW	Nurs	ing	_Counseling_			
Conference fees include two luncheons (Tues & Thurs), CE credits and all conference materials. <b>Early bird</b> registrations must be postmarked on or before May 20, 2007								
Please se	iect.	Registration Type		De	fore May 20	F	After May 20	
	Full	Conference (4 days	5)		\$250		\$300	
	Mon	ay Fee (circle below) day- Tuesday- Wedne sday - Wednesday -Th	esday		\$210		\$260	
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Mail form and payment to:	WVU Division of Social Work	
	Attn: SIOA	
	PO Box 6830	
	Morgantown, WV 26506-6830	
Fax Form to: 304-293-5936, Attn:	Summer Institute	

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### Workshop Selections: Please pick 1st and 2nd Choice in each time period:

Please use workshop number as indicated by each title on program brochure.

Monday, June 4th: Afternoon Sessions: 1st Choice	2nd Choice			
Tuesday, June 5th:				
Morning Sessions: 1st Choice	2nd Choice	Lunch provided	will attend	not
Afternoon Sessions: 1st Choice	2nd Choice	_ Vegetarian Meal _	YesNo	
Wednesday, June 6th:				
Networking Sessionswill atten	dwill not attend			
Afternoon Sessions: 1st Choice	2nd Choice	_		
Thursday, June 7:				
Morning Sessions: 1st Choice	2nd Choice	Lunch provided	will attend	not
Afternoon Sessions: 1st Choice	2nd Choice	_ Vegetarian Meal _	_YesNo	

### Check this box if you do not want your contact information listed on the participant list

### **Cancellation Policy**

Cancellations must be received before 5/29/07, a processing fee of \$25 will be charged for all cancellations. No refunds will be made after 5/29/07. Substitutions are permitted at any time but must be put in writing to: Jacki Englehardt, WVU Division of Social Work, PO Box 6830, Morgantown, WV 26506.

### Scholarships

A limited number of partial scholarships are available. All requests must be in writing to: Jacki Englehardt, Coordinator of Professional & Community Education, WVU Division of Social Work, PO Box 6830, Morgantown, WV 26506. In the request, include the following: reasons for requesting a scholarship; how attending the Summer Institute will enhance your practice; agency overall budget amount & agency budget amount for training/continuing education (if employed); agency status (i.e. nonprofit); and other pertinent information. For more information, call 304-293-3501, ext. 3109

Please note this form must be submitted with registration and payment.

For additonal information please contact :

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