

Reflections on Aging: *Visions for the Future*

Summer Institute on Aging



June 2-5, 2008
Waterfront Place Hotel
Morgantown, WV

Welcome to the 30th Summer Institute on Aging presented by WVU Division of Social Work and WVU Center on Aging.

Since this is our milestone 30th year, we chose a theme that honors the commitment of our professional development conference to practitioners in the field of aging. At the same time, we also wanted to keep our eyes open and look to the future for new and innovative methods for continuing education. "Reflections on Aging: Visions for the Future" captures this spirit of paying tribute to our history as we plan for the future needs of seniors in our communities.

Ms. Emily Kimball will open the conference on Monday, June 2, with an inspirational keynote presentation, "Redefining Old Age for the 21st Century". Ms. Kimball is a longtime outdoor enthusiast who takes the lessons learned from her adventures and applies them to everyday life. Her personal stories of struggle and challenge will warm your heart. Read more at her website www.theagingadventurer.com

Prepare to be motivated into action by Mr. Robert Blancato's midweek keynote address, "Principals of Advocacy," on Wednesday, June 4. Mr. Blancato is a dynamic presenter with over 30 years in public service work in both the U.S. Congress and the Executive Branch. His work centers on aging policy in the areas of government affairs, association and coalition management, and advocacy services.

Also on Wednesday, June 4, join us as we give the first Anita S. Harbert Award for Outstanding Achievement in the Field of Aging. Dr. Harbert founded the Summer Institute on Aging in the late 1970s. She will join us as we present this inaugural award to a person who has shown outstanding commitment to work in the aging field in West Virginia.

Additional targeted workshops, such as Alzheimer's disease and caregiving, spirituality, nutrition, rural issues, and innovative programming, are designed to provide you with in-depth knowledge that you can put to use in your work in your community.

Many thanks to our dedicated 2007-2008 planning committee which included: Maria Durbin, Clarksburg VA Medical Center; Kristina Hash, WVU Division of Social Work; Ron Hicks, Hospice Care Corporation; Kimberly Kincaid, WVU Division of Social Work; Sherry Kuhl, WVU Center on Aging; Susie Layne, WV Department of Health and Human Services; Virginia Majewski, WVU Division of Social Work; Molly McCartney, WVU Division of Social Work; Julie Patrick, WVU Department of Psychology; Lorrian Sonntag, WVU Division of Social Work; Cindi Staley, Senior Monongalians; and Carrie Witt, Hospice Care Corporation. We also want to thank our opening keynote co-sponsor, OSHER Life Long Learning Institute.

Join your colleagues at the 30th Summer Institute on Aging as we explore "Reflections on Aging: Visions for the Future."

Jacki Englehardt
Coordinator of Professional & Community Education
WVU Division of Social Work

If you have questions please visit the SIOA website at www.wvsioa.org OR contact Jacki Englehardt, Coordinator of Professional & Community Education at the WVU Division of Social Work by phone at 293-3501 x3109 or by e-mail at Jacki.Englehardt@mail.edu

Program at a Glance

Monday, June 2

1:00-1:15pm Welcome- Ducatman

1:15-2:30pm Opening Kenynote
Redefining Old Age for the 21st Century - *Kimball*

2:45-5:45pm Workshops (with a 20 minute break)
LGBT Elders: Attitudes, Aging, Sexuality,
Human Rights - *Carrick*

Grandparents as Parents: Kinship Care
Assessment - *Nichols*

Elderly Veterans: Issues and Services - *Harris, Dalrymple*

Suicide and the Elderly - *Fiske, Nadorff, McCoy*

Tuesday, June 3

8:30-10:00am Workshops
Gambling Away the Golden Years - *Burton*
Serving the Elderly in Rural Places - *Locke*
Building a Good Alzheimer's Team - *Gandee, Stewart*
Beyond Caregiver Stress: Addressing Risk Factors
for Elder Mistreatment, Part 1 - *Ernst*

10:15-11:45am Workshops
Gambling Away the Golden Years - *Burton*
Social Networks and Interactions in Late Adulthood
- *Schlosnagle, Strough*
Building a Good Alzheimer's Team - *Gandee, Stewart*
Beyond Caregiver Stress: Addressing Risk Factors
for Elder Mistreatment, Part 2 - *Ernst*

11:45am-1:00pm Box Lunch (provided) with a performance by the String of Pearls

1:00-5:00am Workshops (with a 20 minute break)
Alzheimer's Disease and Caregiving:
Understanding and Hope - *Everly, Bennington-Lucarelli*

The River of Grief: Navigating the Currents of Loss
- *Sonntag, Savitch*

Health Benefit Programs for Older Adults - *Panel*

What Really Goes on in Long Term Care Facilities?
- *Wager*

Wednesday, June 4

8:15-9:15am and 9:20-10:20am Early Morning Networking Sessions

10:30-11:30am Midweek Keynote
Principals of Advocacy - *Blancato*

11:30-12:00pm Anita S. Harbert Award

12:00-1:30pm Lunch (on your own)

1:30-4:30pm Workshops (with a 20 minute break)
A New You: Health for Every Body - *Brown*

Shout Dirty to Me! An Overview of Sex and Seniors
- *Kershner*

Quality of Life: Religion and Older Adults - *Hay*

Mini Geriatrics Medical School for Non-Physicians
- *Newbrough*

Thursday, June 5

8:30-11:30am Workshops (with a 20 minute break)
Effective Leadership - *Tennant, Kisinger*

Got Game? Cognitive Interventions that Work - *Patrick*

Grandparents as Parents: Kinship Care
Assessment - *Nichols*

The Cycle of Strategic Planning and Evaluation
- *Majewski*

11:30 -1:00pm Plated Lunch (provided)
Coming of Age: Traditional Music in the
Appalachian Context - *Lilly*

1:00-2:30pm Workshops
Essential Competencies for Working with Older
Adults - *Kolar, Mulvaney*

Innovations in Community Care for Older Adults
- *Hash*

Advanced Care Planning: Train the Trainer -
Campbell

Elder Law Overview - *Whalen*

2:45-4:15pm Workshops
Spirituality and Cancer- Related Pain in Older
Adults - *Clay, Pantino*

Safeguarding Our Seniors - *Potter*

Advanced Care Planning: Train the Trainer -
Campbell

Is it Dementia - *Kramer*

Conference Program

Monday, June 2

11:00 am **Registration Opens**

1:00 - 1:15 **Opening Remarks**

Alan Ducatman, MD, MSc, Chair WVU Department of Community Medicine

1:15 - 2:30 am **Opening Keynote Address**

Redefining Old Age for the 21st Century

Emily Kimball, MA, Owner/Founder, Make It Happen!



Used to be we retired, got our gold watch, and sat in the rocking chair waiting for the end. No more. Seniors are out there having the time of their lives exploring this new stage in the life cycle between leaving the work place and frail old age. They don't fit the stereotypical mold of "old". The new 60 isn't the new 40 - it's the new 60! With 20 to 30 retirement years of healthy living we are going for it. What is your agency or business doing to incorporate the new age senior into your programs or work

force? Emily's keynote will help you figure out how you can better relate to the 21st century retiree, and how to redefine your concept of "old age"

We gratefully acknowledge the OSHER Lifelong Learning Institute for their generous support in making this presentation possible.



2:45 - 5:45 pm **Concurrent Workshop Sessions**

Workshop M1

Lesbian, Bisexual, Gay, or Transgendered Elders: Attitudes, Aging, Sexuality, Human Rights

Kathleen Carrick, MSW, PhD Candidate, University of Pittsburgh

Target Audience: Beginner & Intermediate

Intimacy and sexual needs do not stop once a person turns 65. A pilot study, a film, and experiential case studies will be the basis for exploring the intersections of aging issues, heterosexism, racism, and negative attitudes of caregivers towards elderly gay, lesbian, bisexual or transgendered individuals.

Workshop M2

Grandparents as Parents: Kinship Care Assessment

Allison Nichols, PhD, Specialist, WVU Extension Service

Target Audience: Beginner

This workshop addresses the needs of kincare families, generally headed by an older adult. It is targeted at individuals who are working with grandparents and other older adults who are raising a child for another member of their family. Participants will learn to identify and address caregiver needs, conduct an assessment of kincare families, and find local, regional, and national resources.

NOTE: This session is repeated on Thursday 6/5 at 8:30am

Workshop M3

Elderly Veterans: Issues and Services

Larry Harris, MSW, Primary Care Team – Blue; Matt Dalrymple, MSW, Operation Iraqi Freedom/Enduring Freedom Coordinator; Debbie Garrison, MSW, PTSD/Mental Health Clinic; Mary Ann Pancake, MSW, Transitional Care Unit/Hospice Palliative Care Consult Team; Mark Talkington, MSW, Community Nursing Home/Residential Care Program; Veterans Medical Center, Clarksburg, WV; Gary Jarrell, MSW Student, Vet Center, Morgantown, WV

Target Audience: Beginner, Intermediate & Advanced

As West Virginia veterans age, their needs become more complex. This presentation will cover the specific issues that aging veterans face, while providing detailed information about resources available to this population. A power point presentation, discussion, and handouts that describe the services offered by the Veteran Health Administration to include the departments within the Louis A. Johnson Veterans Medical center (primary care, emergency services, behavioral medicine, etc.) Detailed information about the enrollment and eligibility criteria and the role of local Vet Centers within the community will also be discussed.

Workshop M4 Suicide and the Elderly

Amy Fiske, PhD, Assistant Professor, Department of Psychology, WVU; Michael Nadorff, Graduate Student, Dept. of Psychology, WVU; Katrina McCoy, Graduate Student, Dept. of Psychology, WVU
Target Audience: Intermediate

Older adulthood is a period of elevated risk for suicide. This workshop will provide clinicians and administrators with an opportunity to acquire knowledge, examine attitudes, and become familiar with strategies for assessment and management of suicide risk in older adults. A conceptual framework for evaluating both acute and chronic components of risk will be presented. Current empirical literature on risk and protective factors relevant in late life will be reviewed.

Tuesday, June 3

8:30-10:00am Concurrent Workshops

Workshop T1 Gambling Away the Golden Years

Steven Burton, MSW, LSW, Program Director, The Problem Gamblers Help Network of WV
Target Audience: Beginner, Intermediate & Advanced

In seven years the Problem Gamblers Help Network of West Virginia has taken over 6000 calls, over 30% of which come from those 55 and over. On top of this concern is the fact that gambling seems to be a major source of recreation for many caregivers! While gambling is completely recreational for most, some cross the line into addiction and go as far as stealing money from their elders to gamble. Discussion will focus on the 10 symptoms of problem gambling, risk factors and warning signs of gambling addiction, as well as where to go when a West Virginian develops a gambling problem.

NOTE: This workshop is repeated on Tuesday June 3 at 10:15am

Workshop T2 “Don’t worry about me, I’m fine”: Serving the Elderly in Rural Places

Barry Locke, MSW, EdD, Associate Professor, WVU Division of Social Work
Target Audience: Beginner, Intermediate & Advanced

This workshop will consider social work practice with rural elderly populations. Taking a strengths perspective, participants will be exposed to issues associated with the meaning of place, the rural context, redefining helping resources, and building helping relationships that empower. Specific attention will be given to what it may mean to be an “Appalachian” and how that may influence the professional helping experience. Finally, consideration of what help seeking frequently means to the elderly and how they may see professional social workers will be addressed.

Workshop T3 Building a Good Alzheimer’s Team

Melissa Gandee, Program Director, Alzheimer’s Association, WV Chapter; Ken Stewart, Regional Coordinator Mid Ohio Valley Region, Alzheimer’s Association, WV Chapter
Target Audience: Intermediate

This workshop will provide participants with a basic understanding of the Alzheimer’s Team Concept. Participants will be presented with a working definition of an Alzheimer’s Team and will discuss the ways an Alzheimer’s team is vital to providing excellent person centered care. Through hands on activities, participants will develop their own team, creatively name the team and work together as a team throughout the entire workshop. To implement an effective team, participants will also learn how to address not only the core psychological needs of the residents they care for, but also the same needs of the staff with whom they work. All individuals need to feel comfortable to live our lives in a healthy way, and to be a healthy team, we must work to ensure that the needs of each and every team member are addressed.

Conference Program cont.

Tuesday, June 3 (continued)

Workshop T4 Beyond Caregiver Stress: Addressing Risk Factors for Elder Mistreatment, Part 1

Joy Swanson Ernst, MSW, PhD, Associate Professor of Social Work, Department of Sociology and Social Work, Hood College

Target Audience: Beginner

Part 1: The Nature and Scope of Elder Mistreatment is aimed at practitioners who want to gain basic knowledge about the prevalence and consequences of and risk factors for elder mistreatment. Participants in this workshop will gain knowledge on prevalence and characteristics of elder mistreatment; learn about risk factors for elder mistreatment, particularly caregiver neglect; and use a risk and vulnerability framework to identify targets for intervention where elder care is inadequate.

NOTE: Part 2 of this workshop will be offered at 10:15am today

10:15-11:45am Concurrent Workshops

Workshop T5 Gambling Away the Golden Years

Steven Burton, MSW, LSW, Program Director, The Problem Gamblers Help Network of WV

See full description of this session in Workshop T1 on Tuesday 6/3 at 8:30am

Workshop T6 Social Networks and Interactions in Late Adulthood

Leo Schlosnagle, BA, Graduate student (PhD track), WVU Department of Psychology; Jo Nell Strough, PhD, Associate Professor & Coordinator, Life-Span Developmental Program Department of Psychology

Target Audience: Beginner, Intermediate & Advanced

This workshop will examine the transitions in individuals' social interaction patterns that typically take place as aging occurs. Specifically, the workshop will examine how and why individuals' social networks and interactions change between young adulthood and later adulthood. The workshop will provide an opportunity to examine and discuss the theories and corresponding research that explain age related transitions in social interaction patterns.

Workshop T7 Building a Good Alzheimer's Team

Melissa Gandee, Program Director, Alzheimer's Association, WV Chapter; Ken Stewart, Regional Coordinator Mid Ohio Valley Region, Alzheimer's Association, WV Chapter

See full description of this session in Workshop T3 on Tuesday 6/3 at 8:30am

Workshop T8 Beyond Caregiver Stress: Addressing Risk Factors for Elder Mistreatment, Part B

Joy Swanson Ernst, MSW, PhD, Associate Professor of Social Work, Department of Sociology and Social Work, Hood College

Target Audience: Beginner

Part 2: Strategies for Intervention in Elder Mistreatment will build upon information presented in Part 1 to consider the ways in which social workers can address the problems and needs of vulnerable older adults at risk for mistreatment and their caregivers. Participants will gain knowledge of evidence-based practices for caregivers aimed at reducing risk of mistreatment; consider the skills needed for collaboration with formal and informal organizations and other disciplines to address risk factors for elder mistreatment; use case vignettes to develop methods of intervening in situations where older adults are at risk of mistreatment.

11:45am-1:00pm Box Lunch (provided) with a performance by the String of Pearls

1:00-5:00pm Concurrent Workshops

Workshop T9 Alzheimer's Disease and Caregiving: Understanding and Hope

Peggy Baller Everly, MSW, Director of Geriatric Support Services, Family Health of the Upper Ohio Valley; Michelle Bennington-Lucarelli, WVU MSW Intern, Family Services of the Upper Ohio Valley
Target Audience: Beginner, Intermediate & Advanced

There are an estimated 5.1 million individuals in the United States with Alzheimer's related dementia. Within the next 20 years the age profile of the United States will show one in five Americans is over the age of 65, increasing their risk of Alzheimer's. The strain to family members and friends will be immense. This workshop is designed to make participants aware of the mental, emotional, and physical changes of the Alzheimer's client, the stress placed upon the caregiver's health and resources, and the ground breaking research that may offer hope to families affected by this disease.

Workshop T10 The River of Grief: Navigating the Currents of Loss

Loriann Sonntag, MS, MSW Candidate, Graduate Assistant, WVU Instructor, 2007-2008 Morgantown Hospice Intern, WVU; Stephanie Savitch, MS, CRC, LPC, Certified Rehabilitation Counselor, Licensed Professional Counselor, Private Practitioner
Target Audience: Beginner, Intermediate & Advanced

Grief is the normal response to loss experienced by individuals of all ages. Due to advances in medical technology and increasing numbers of older adults it has become essential for helping professionals to expand their knowledge and understanding of the impact of grief on individuals, children, older adults, and families. This interactive workshop will focus on the role of the helping professional as we companion those grieving a loss. Topics to be covered include: key concepts and definitions the process of, and responses to, grief recognition of complicated grief and cultural differences in the response to grief and mourning.

Workshop T11 Health Benefit Programs for Older Adults

Panel presentation by representatives from Centers for Medicare & Medicaid Services (CMS), Social Security, Medicaid, and Hospice
Target Audience: Beginner, Intermediate, and Advanced

This informative session will provide participants with an understanding of the guidelines, eligibility and benefits of prominent health benefits available to older adults including Medicaid, long term care, Social Security and hospice. Helping professionals will become better versed on how to effectively refer and link clients with services. This session will include ample time for participant questions and discussion.

Workshop T12 What Really Goes on in Long Term Care Facilities?

Marlene Wager, DO, Board Certified in Family Practice with a Certificate of Added Qualifications in Geriatrics, Medical Director, Greenbrier Manor Nursing Home
Target Audience: Beginner, Intermediate & Advanced

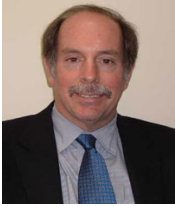
This session will introduce a novice and the knowledgeable individual to long term care and what really goes on there. The social worker in long term care is a counselor, investigator, peace maker, mediator, mother, planner, and placement coordinator – just to mention a few roles. There is more excitement, with no two days alike, when one works as a social worker in long term care. After a talk concerning the general roles of the social worker in long term care, scenarios will be utilized to help participants understand why long term care social workers have so much fun, and yet, do a very necessary and appreciated job.

Conference Program cont.

Wednesday, June 4

**8:15-9:15am &
9:20-10:20am** **Morning Networking Sessions**

10:30-11:30am **Midweek Keynote
Principals of Advocacy**



Robert Blancato, BA, MPA, President of Matz, Blancato & Associates, Inc.

In a combined presentation and interactive format, Mr. Blancato will provide sample principles of advocacy as well as one or more recent cases studies involving advocacy at the federal level. Included will be practical tips on how to communicate with legislators at the federal level. This session will also provide an overview of current legislation and legislative developments in Washington focused on aging and health care policy, including topics such as current Medicare and Medicaid, long term care, the Elder Justice Act, and the Older Americans Act. A sufficient period for questions, comments and responses will be provided.

11:30am-12:00pm **Anita S. Harbert Award and Recognition**

Anita S. Harbert, PhD, Director, San Diego State University School of Social Work, formerly Dean of West Virginia University School of Social Work.

Join us as we celebrate the significant work of Dr. Anita S. Harbert, founder of the Summer Institute on Aging. An award in Dr. Harbert's name will be presented to a social worker who has made an outstanding contribution to the field of aging in West Virginia. Plan to be inspired!

12:00-1:30pm **Lunch (on your own)**

1:30-4:30pm **Concurrent Workshops**

Workshop W1 **A New You: Health for Every Body**

Guen Brown, PhD, Professor, Nutrition and Health Specialist, WVU Extension Service

Target Audience: Beginner, Intermediate & Advanced

This is a workshop that is a program built around the principles of pleasurable and healthful eating, physically active living and respect for body size diversity. It creates a framework to move people away from diets and excessive exercise to a gentler, non diet approach to active living in a healthy body. The primary goal is to help participants gain new attitudes and learn new information and skills to live a life focused on health.

Workshop W2 **Shout Dirty to Me! An Overview of Sex and Seniors**

Ruth Kershner, EdD, RN, CHES, Associate Professor, School Health Coordinator, Faculty-Student Liaison, Department of Community Medicine, West Virginia University

Target Audience: Beginner & Intermediate

There is a pervasive myth that with the "graying" of America, that sexuality is not appropriate for our senior citizens, but is best left to the younger and more virile members of our culture. A host of these myths have led us to this place where, in fact, even some seniors have come to negate their own needs, while those who engage in an active sex life may feel guilty about doing so. This presentation will provide an overview of normal aging and sex, provide attendees with ways to address accommodation issues associated with age related changes, and explore the intimacy needs of our most important resource, the aged.

Workshop W3 Quality of Life: Religion and Older Adults

Phyllis Hay, MSW, DSW, Program Director, Social Work Department, Alvernia College

Target Audience: Beginner, Intermediate & Advanced

This workshop will focus on older adults and their quality of life with specific emphasis on religion. Current research findings will be discussed as relating to religion and older adults. Participants and the presenter will have ample opportunity to interact as religion and older adults is discussed.

Workshop W4 Mini Geriatrics Medical School for Non-Physicians

Mark A. Newbrough, MD Assistant Professor Department of Internal Medicine/Geriatrics, Robert C. Byrd HSC at WVU-Charleston Division, Director of the West Virginia Geriatric Education Center

Target Audience: Beginner & Intermediate

"It takes a village . . ." to meet the health related needs of older adults. In many cases, however, the people who are most involved in the day to day care of older adults do not have enough information about the aging process itself, how a person's age impacts the care of common conditions such as diabetes, hypertension, and heart disease, or about the common "geriatric syndromes" such as dementia and delirium. This workshop is intended to provide non-physician health services professionals with a crash course in those "medical" fundamentals related to the care of older adults that they need to understand in order to better assist and advocate for their older adult clients.

Thursday, June 5

8:30 - 11:30 am Concurrent Workshops

Workshop TH1 Effective Leadership

Donna M. Tennant, Admission/Marketing Director, Sundale Nursing Home Diane Kisinger, MSW, United Way of Monongalia and Preston/Volunteer Connection

Target Audience: Intermediate

Leaders are those individuals who inspire confidence, undermine desire, fight fear, initiate positive and productive actions, light the candles, define the goals, and paint a brighter tomorrow. Effective leadership is essential for those in the non profit sector. Whether dealing with co workers and volunteers or interacting with community members, both emerging and existing leaders will take home new knowledge and skills to learn how to become stronger and prepare for future success.

Workshop TH2 Got Game? Improving Cognitive Skills

Julie Hicks Patrick, PhD, Associate Professor, Director of Undergraduate Training, Life-Span Developmental Psychology Program, WVU

Target Audience: Beginner & Intermediate

This hands on workshop addresses validated interventions for improving cognitive abilities at mid and late life. Participants will learn how to implement several specific cognitive interventions aimed at maintaining and improving cognitive skills, as well as learning how to implement specific interventions to remediate cognitive deficits associated with dementia and other forms of memory loss.

Workshop TH3 Grandparents as Parents: Kinship Care Assessment

Allison Nichols, PhD, Specialist, WVU Extension Service

See full description in Workshop M2 on Monday, June 2 at 2:45pm

Conference Program cont.

Thursday, June 5 (continued)

Workshop TH4 The Cycle of Strategic Planning and Evaluation

Virginia Majewski, PhD, Chairperson, WVU Division of Social Work

Target Audience: Beginner & Intermediate

In these dramatically changing times, organizations need to foster creativity & flexibility. This is a guiding principle of strategic planning, a process that enables an organization to remain true to its vision & mission, while exploring ways to improve services and be open to opportunities for expansion & adaptation. This workshop will focus on key elements of strategic planning, including assessing internal strengths and limitations, analyzing external opportunities and challenges, developing actionable goals and objectives, and selecting an appropriate mix of strategies. Evaluation of strategies, as well as program outcomes, will be discussed as an integral part of the strategic planning process.

11:30-1:00pm Plated Lunch - Coming of Age: Traditional Music in the Appalachian Context

Everett Lilly, MSW, ACSW, PhD, Professor/Director, Mountain State University, Social Work Dept.

This workshop will focus on traditional music in Appalachia and the relevance of this music to aging and issues of aging. The workshop will include a music performance by The Songcatchers, a traditional music group in the Carter Family tradition. This music group, originally formed at Mountain State University, includes present and former music students of Dr. Everett Lilly as well as musicians from the community. The presentation format will include a lecture focused on the role of traditional music in the early and present lives of those who are now in their senior years.

1:00- 2:30 pm Concurrent Workshops

Workshop TH5 Essential Competencies for Working with Older Adults

Patricia Kolar, MSW, Part Time Faculty, Department of Sociology, University of Pittsburgh; Elizabeth Mulvaney, MSW, Practicum Partnership Program Coordinator, School of Social Work, University of Pittsburgh

Target Audience: Beginner, Intermediate & Advanced

As the older population in the U.S. increases and lives longer, demands will be placed on social service providers for a range of services delivered in a cost efficient, competent, and timely manner. Practitioners will need to dispel stereotypes and myths about aging and older adults and be knowledgeable about the aging process, intervention skills, programs and policies, and values and attitudes related to older adults. In this workshop, participants will learn about the essential competencies for work with older adults, their families, and caregivers, evaluate their current readiness, and develop an individualized continuing education plan.

Workshop TH6 Innovations in Community Care for Older Adults

Kristina Hash, MSW, PhD, Assistant Professor, WVU Division of Social Work

Target Audience: Beginner, Intermediate & Advanced

This workshop will highlight model programming for meeting the needs of community dwelling older adults in WV and surrounding areas. An overview of community care options will be presented, including assistance with personal care, nutrition, health, housing, social needs, recreation and end of life care issues. In addition, invited community care providers will present innovative aspects as well as the process of planning, implementing, funding and sustaining their programs. The workshop will conclude with an interactive question and answer session with providers.

Workshop TH7 Advance Care Planning: Train the Trainer

Kathleen Campbell, Marketing Director, Hospice of the Panhandle

Target Audience: Beginner, Intermediate & Advanced

This train the trainer workshop will provide social workers and other health care professionals and interested volunteers with the information and tools needed to educate others about advance care planning. Participants will receive a PowerPoint presentation and other resources needed to conduct programs and promote advance care planning in their workplaces and communities.

NOTE: This workshop is repeated at 2:45pm on Thursday 6/5

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Workshop TH8 Elder Law Overview

Sherri Whalen, Steptoe & Johnson, PLLC, Of Counsel Attorney, Clarksburg, WV

Target Audience: Beginner & Intermediate

This workshop will focus on the following topics which form the basis of Ms. Whalen's elder law practice: wills, trusts, durable powers of attorney, health care advance directives, guardianships/conservatorships, estate administration/litigation and Medicaid eligibility. A basic explanation of the key documents, procedures and pitfalls in these areas will be addressed, as will audience questions and discussion.

2:45 - 4:15pm Concurrent Workshops

Workshop TH9 Spirituality and Cancer Related Pain in Older Adults

Kimberly S. Clay, Assistant Professor, University of Georgia; Elizabeth Pantino, Research Assistant, University of Georgia

Target Audience: Beginner, Intermediate & Advanced

In this workshop, we explore the value of spiritual well being as related to cancer and how geriatricians, social workers, nurses, oncologists, and other professionals can collaborate to optimize pain assessment and pain management in older adult cancer survivors. Participants will review the following topics: how spirituality can be usefully conceptualized within geriatric patient care, the empirical evidence for the importance of spiritual factors in adjustment to illness in general and to cancer in particular, ethnographic stories by older adult cancer survivors of the role of spirituality in their adjustment to cancer, the range of spirituality assessment approaches that may be useful in a clinical environment, various models for pain management and intervention

Conference Program cont.

Thursday, June 5 (continued)

Workshop TH10 **Safeguarding Our Seniors**

Sharon "Shari" Potter, U.S. Attorney, Wheeling, WV

Target Audience: Beginner, Intermediate & Advanced

This workshop will instruct participants about the best ways to educate seniors on the identification of fraud and abuse as well as prevention tips. Detailed information about detecting the signs of elder abuse, mail, telephone and computer fraud, including identity theft will be covered. Additionally, participants will learn strategies to generate a willingness among seniors to report crime without feeling intimidated or ashamed. Approaches for gathering necessary information for prosecution will also be addressed.

Workshop TH11 **Advance Care Planning: Train the Trainer**

Kathleen Campbell, Marketing Director, Hospice of the Panhandle

NOTE: Full description of this session is in Workshop TH7 on Thursday 6/5 at 1:00pm

Workshop TH12 **Is it Dementia?**

Deanna L. Kramer, Program Manager II, Nursing Home and Nurse Aide Programs, Office of Health Facility Licensure and Certification

Target Audience: Intermediate

Dementia is a broad category of over 60 types of disorders that affect a persons physical, mental, and psychosocial functioning. While progressive, irreversible disorders, such as Alzheimer's disease, commonly cause dementia, many other conditions (some of which are reversible) can also cause dementia or dementia like symptoms. One should obtain a thorough medical evaluation before concluding that an individual experiencing memory loss and confusion has an irreversible condition.

Conference Closings & Evaluations

Exhibiting Opportunities

RESERVE YOUR SPACE NOW! Showcase your programs by exhibiting at the 30th Summer Institute on Aging. Exhibit space is limited so reserve your booth soon.

To register your exhibit, go to our website at www.wvsioa.org. Just print, fill out and mail/fax the exhibitor application form back to us! Exhibitors receive a \$75 discount towards Institute registration.

Contact Jacki Englehardt at the WVU Division of Social Work at 304-293-3501 ext. 3109 for more information.

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General Information

Continuing Education Credits

Social Work

This conference has been approved for a maximum of 25 continuing education contact hours for licensed Social Workers, (WV, MD & PA), under the West Virginia University School of Applied Social Sciences Division of Social Work WVBSWE Provider #490051. An application for approval for Ohio Social Work CEUs has been submitted. Ohio licensed social workers should contact the Professional & Community Education office at: 304-293-3501 x3109 or email at Jacki.Englehardt@mail.wvu.edu to determine the status of the application PRIOR to registering for the conference. Social workers from other states should contact their respective licensure boards regarding approval PRIOR to registering for the conference.

Counseling

This conference has been approved for a maximum of 22.9 continuing education contact hours for Licensed Professional Counselors in WV under the West Virginia School of Applied Social Sciences Division of Social Work WVBEC Provider # WVBEC-543. An application for approval for Ohio LPC CEUs has been submitted. Ohio LPCs should contact the Professional & Community Education office at: 304-293-3501 x3109 or email Jacki.Englehardt@mail.wvu.edu to determine the status of the application PRIOR to registering for the conference.

Nursing

This conference has been approved for a maximum of 28.7 CEUs for nurses through the WVU Center on Aging which is an approved Nursing Provider, Number: WV 2004-0458RN.

Parking/Lodging Information

Parking

Parking for commuters has been arranged at the Waterfront Place Hotel parking garage at the special rate of \$6/day. Pay for your parking pass at the Summer Institute on Aging registration desk. For participants staying at the hotel, parking is included in the room cost.

Waterfront Place Hotel

A block of rooms has been reserved at a special group rate of \$89 per night + tax (Group Code: Summer Institute on Aging). The phone number is 304-296-1700 or (800) 333-3333. Reservations can also be made online at: https://reservations.ihotelier.com/crs/g_login.cfm?hotelID=13077 Reservations must be made by May 11, 2008 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

Quality Inn & Suites

Located off I-79, Exit 155, cross Star City bridge, turn right on to Saratoga Ave (before State Police/Coliseum). The phone number is 304-599-7680. A block of rooms has been reserved at a special group rate of \$69 per night + tax (Group Code: Summer Institute on Aging). Reservations must be made by May 19, 2008 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

Comfort Inn

Located just off I-68, Exit 1, head north on 119 towards Morgantown, at the first stoplight turn right. The phone number is 304-296-9364 or 1-800-228-5150. A block of rooms has been reserved at a special group rate of \$60 per night + tax (Group Code: Summer Institute on Aging). Reservations must be made by May 30, 2008 to secure this special rate. After this date, the rate will be the prevailing room rate, subject to availability.

For more lodging information please log on to WVU Visitors Resource Center at <http://visit.wvu.edu/> and click on directions & lodging.

Registration Forms

Name _____ Badge First Name _____

Employer/Affiliation _____

Are you a WVU Student taking this course for credit? ☐ Yes ☐ No

Mailing Address _____

City _____ State _____ Zip _____ Phone _____ Fax _____

E-mail _____

Seeking CE Credits for? SW _____ Nursing _____ Counseling _____

☐ **Check this box if you do NOT want your contact information listed on the participant list**

Conference fees include two luncheons (Tues & Thurs), CE credits and all conference materials. **Early bird registrations must be postmarked on or before May 11, 2008.**

Please select: **Registration Type** **Before May 11** **After May 11**

☐ Full Conference (4 days) \$250 \$300

☐ 3 Day Fee (circle below) \$210 \$260

Monday- Tuesday- Wednesday

Tuesday - Wednesday -Thursday

☐ 2- day Fee (circle below) \$150 \$200

Monday -Tuesday

Tuesday- Wednesday \$175 \$225

Wednesday-Thursday \$175 \$225

1 - Day Fee

☐ Monday \$75 \$125

☐ Tuesday ☐ Wednesday ☐ Thursday \$100 \$150

Discounts:

Check only one (if qualified) and subtract from registration amount

☐ Retired (55+) \$25

☐ Volunteers \$25

☐ Students (not for academic credit) \$25

☐ Unemployed \$25

☐ Multiple registrants 3 or more \$25 (Must register all at same time)

☐ Active Field Instructors \$50

Total Registration Due \$ _____

Payments: ☐ Checks payable to West Virginia University

Credit Card: ☐ Mastercard ☐ Visa ☐ Discover Credit Card # _____ Exp. Date ____/____/____

Mail form and payment to:

WVU Division of Social Work

Attn: SIOA

PO Box 6830

Morgantown, WV 26506-6830

Fax Form to: 304-293-5936, Attn: Summer Institute

Office Use Only

Amt. Paid _____

Amt. Unpaid _____

Payment Method _____

Ref # _____

Deposit Date _____

Confirm Date _____

Name _____

Workshop Selections: Please pick 1st and 2nd Choice in each time period:

Please use workshop number as indicated by each title on program brochure.

Monday, June 2nd:

Afternoon Sessions: 1st Choice _____ 2nd Choice _____

Tuesday, June 3rd:

8:30 Morning Sessions: 1st Choice _____ 2nd Choice _____

10:15 Morning Sessions: 1st Choice _____ 2nd Choice _____ Lunch provided _____ will attend _____ not

Afternoon Sessions: 1st Choice _____ 2nd Choice _____ Vegetarian Meal ____ Yes ____ No

Wednesday, June 4th:

Networking Sessions _____ will attend _____ will not attend

Afternoon Sessions: 1st Choice _____ 2nd Choice _____

Thursday, June 5th:

Morning Sessions: 1st Choice _____ 2nd Choice _____ Lunch provided _____ will attend _____ not

1:00 Afternoon Sessions: 1st Choice _____ 2nd Choice _____ Vegetarian Meal ____ Yes ____ No

2:45 Afternoon Sessions: 1st Choice _____ 2nd Choice _____

Cancellation Policy: Cancellations must be received before 5/27/08, a processing fee of \$25 will be charged for all cancellations. No refunds will be made after 5/27/08. Substitutions are permitted at any time but must be put in writing to: Jacki Englehardt, WVU Division of Social Work, PO Box 6830, Morgantown, WV 26506.

Scholarships: A limited number of partial scholarships are available. All requests must be in writing to: Jacki Englehardt, Coordinator of Professional & Community Education, WVU Division of Social Work, PO Box 6830, Morgantown, WV 26506. In the request, include the following: reasons for requesting a scholarship; how attending the Summer Institute will enhance your practice; agency overall budget amount & agency budget amount for training/continuing education (if employed); agency status (i.e. nonprofit); and other pertinent information. For more information, call 304-293-3501, ext. 3109

Please note this form must be submitted with registration and payment.

For additional information please contact :

**Jacki Englehardt MSW, ACSW
Coordinator of Professional & Community Education
WVU Division of Social Work
PO Box 6830
Morgantown, WV 26506-6830
Phone: 304-293-3501 ext. 3109
Fax: 304-293-5936**

VISIT OUR WEBSITE AT WWW.WVSIOA.ORG

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SCHOOL OF APPLIED SOCIAL SCIENCES

DIVISION OF SOCIAL WORK

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30th Summer Institute on Aging

June 2-5, 2008

Waterfront Place Hotel
Morgantown, WV

30th

Register now at wvsioa.org